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**In Pursuit of the Leader's Best Self:
A Discovery Session**

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CEO
Dreambridge Partners LLC
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AND





道: The Middle Way

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What does
 “Best Self”
 mean to you?

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Passion & Purpose
DEEP INTEREST STRUCTURE

- Each of us has a *unique pattern of interests*, a “potential self” that seeks expression.
- *Deep structure interests* are one of the most basic features of an individual’s personality. They are *deeply rooted and enduring*, and they naturally push us to find an avenue for their *expression*, just as an underground pool of geothermally heated water pushes its way to the surface
- ...work that is *not grounded* in an individual’s unique pattern of deep structure *interests* will *not sustain a career over a lifetime*



~ Tim Butler, Getting Unstuck

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Living Our Best Self




An Interdependent Experience


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Moving through the Headwind



as Historical Power Culture Outsiders

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Powered by Our Sun








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What do you see as the
most *present* challenge to
Living Your Best Self
as a Professional of Color?


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Be Present to It

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Best Self Leadership

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Best Self in Action = In-Out Alignment

Internal

Purpose

Passion

Power



External


Intention

Own / Let Go

Actions

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Best Self Leader – Case Study



Alice Walker Case Study

- Author, poet, activist for social justice.
- First African American woman to win the Pulitzer Prize for her novel, The Color Purple.
- Born into a sharecropper family, last of 8 children, in Georgia during Jim Crow
- Social activist in the 1960s who risked expulsion from Spelman College due to her civil rights activism. Graduated from Sarah Lawrence College in 1966.
- Married a Caucasian, Jewish man during this period, with disapproval from family and community. Life threats from the KKK.

Alice Walker Case Study

- The Color Purple, though well received by critics and media, was vehemently criticized by some in her own African American community, including threats made to her life.
- Her creative works of poetry, essays and fiction continued through the years as did her activism, receiving both acclaim and criticism throughout
- Alice Walker has said, in *Beauty in Truth*, “creation is really a sustained period of bliss, even though the subject can still be very sad, because there is the triumph of coming through, an understanding that you have, that you did it the way only you can do it, you didn’t do it the way someone told you to do it... that is what makes us, us.”

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Owning Your Life Journey




Best self


Culture

Belonging

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Best Self Leadership at Work






 

Necessary Proactivity for Recognition






Own Your Unique Gift: Know Your Career ASSET VALUE





Pinpoint to Employer:
Where You ADD VALUE to What MATTERS

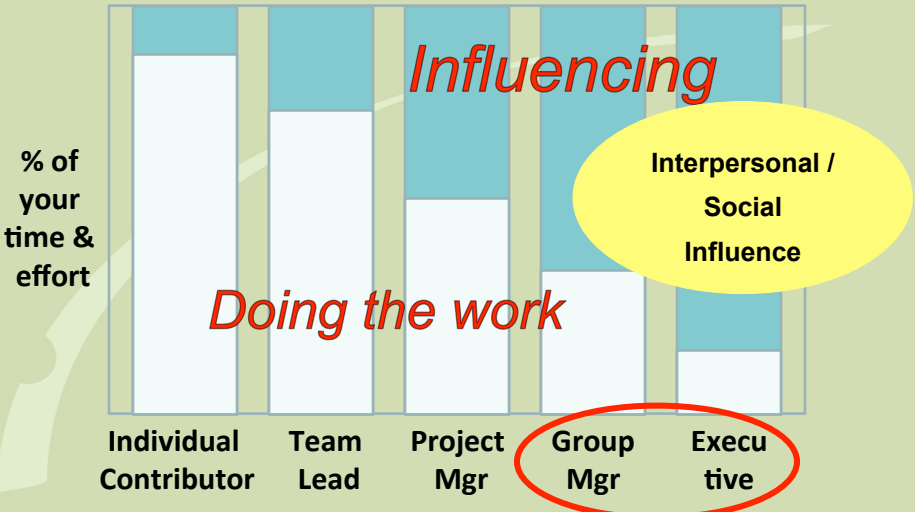
 

Know Your Career Assets & Liabilities



Basis of Your Asset Value Changes with Career – Know It



Career Stage	Doing the work	Influencing
Individual Contributor	High	Low
Team Lead	Medium-High	Medium-Low
Project Mgr	Medium	Medium
Group Mgr	Low-Medium	High-Medium
Executive	Low	Very High

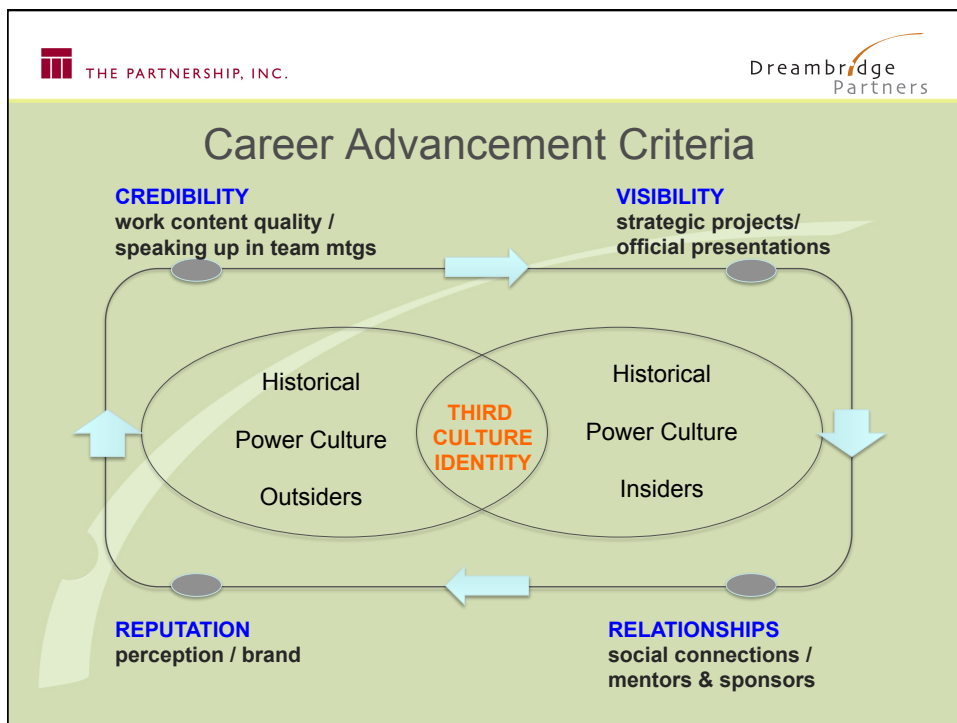
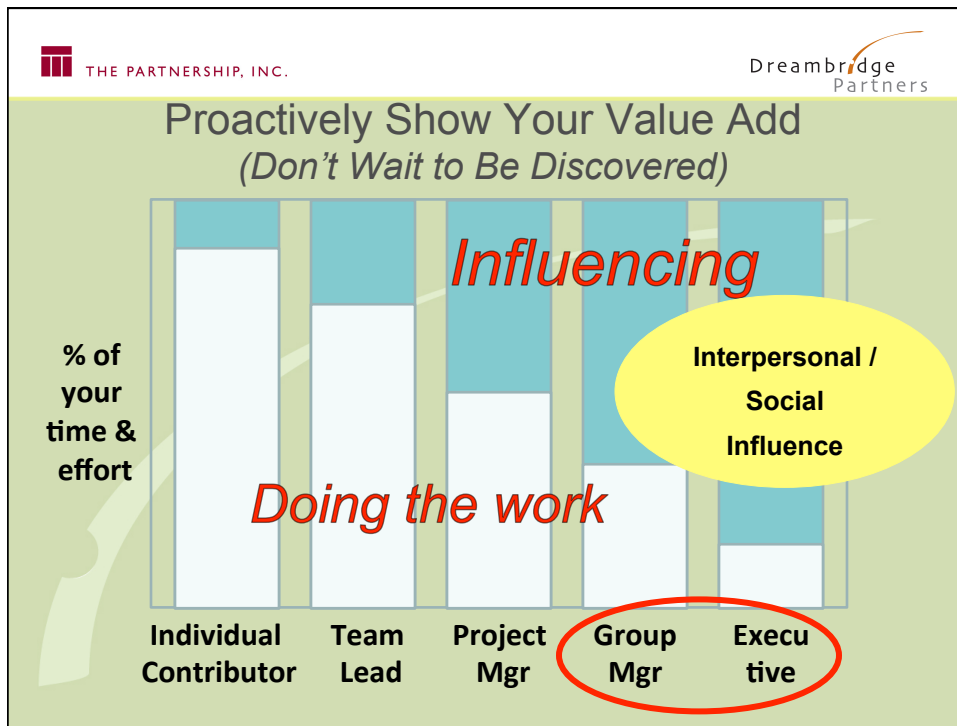
Doing the work

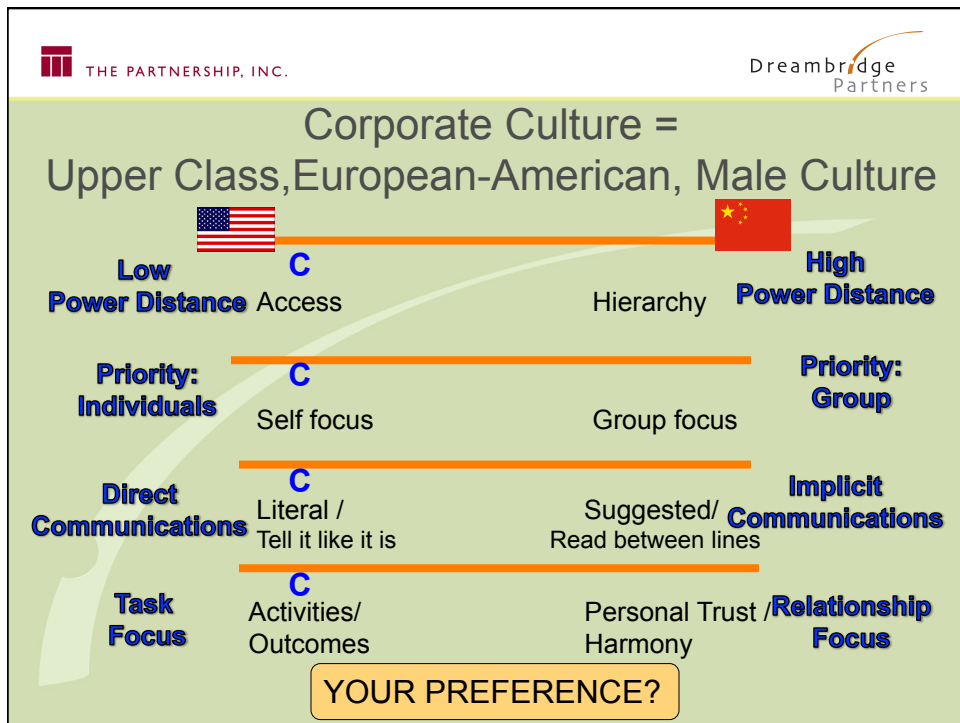
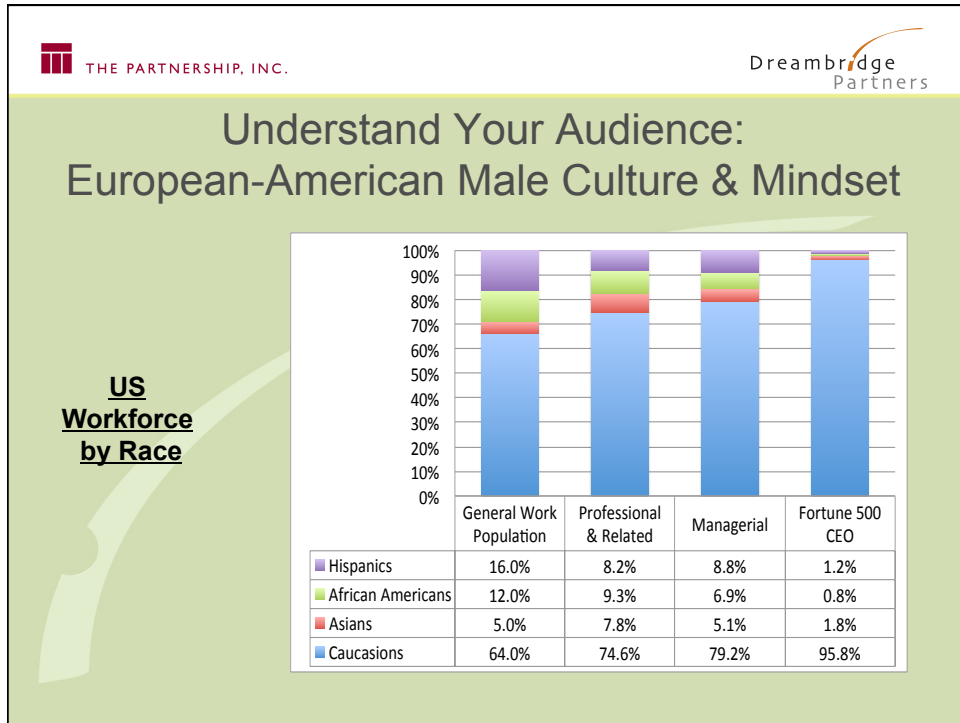
Influencing

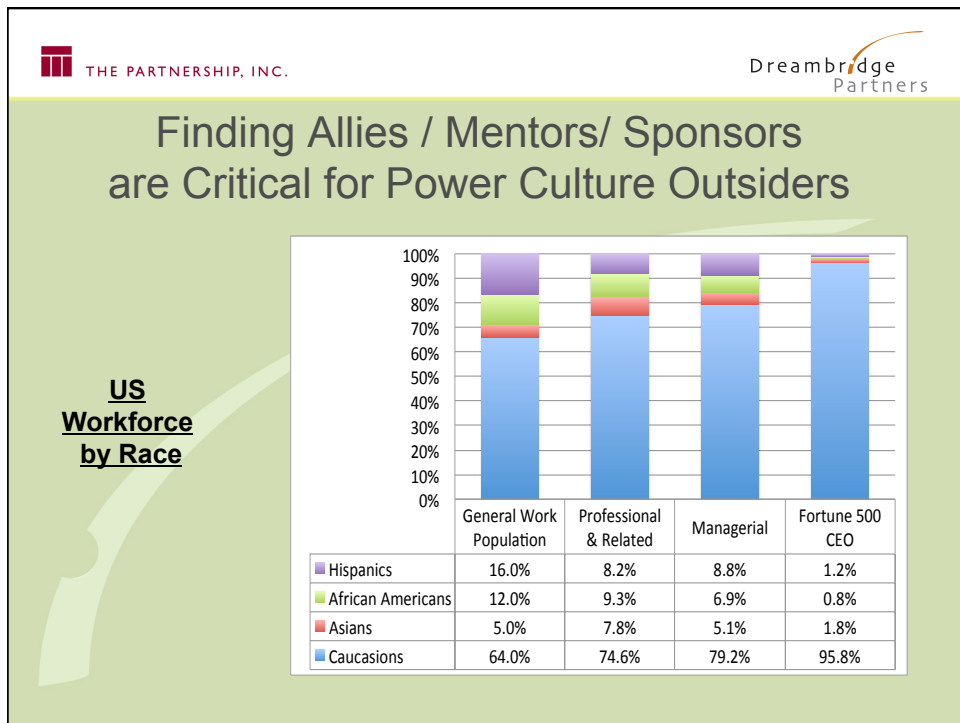
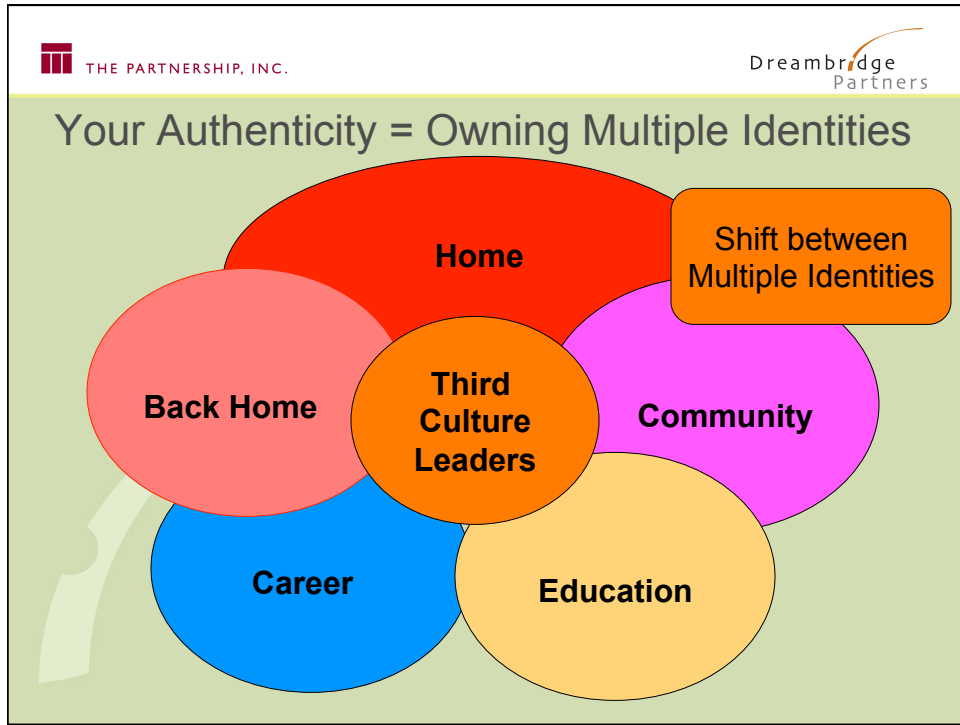
Interpersonal / Social Influence

Individual Contributor, Team Lead, Project Mgr, **Group Mgr**, **Executive**














Your Community

Your Key Stakeholders?

Professional Both Personal

Allies, Mentors, Sponsors?

Saboteurs?

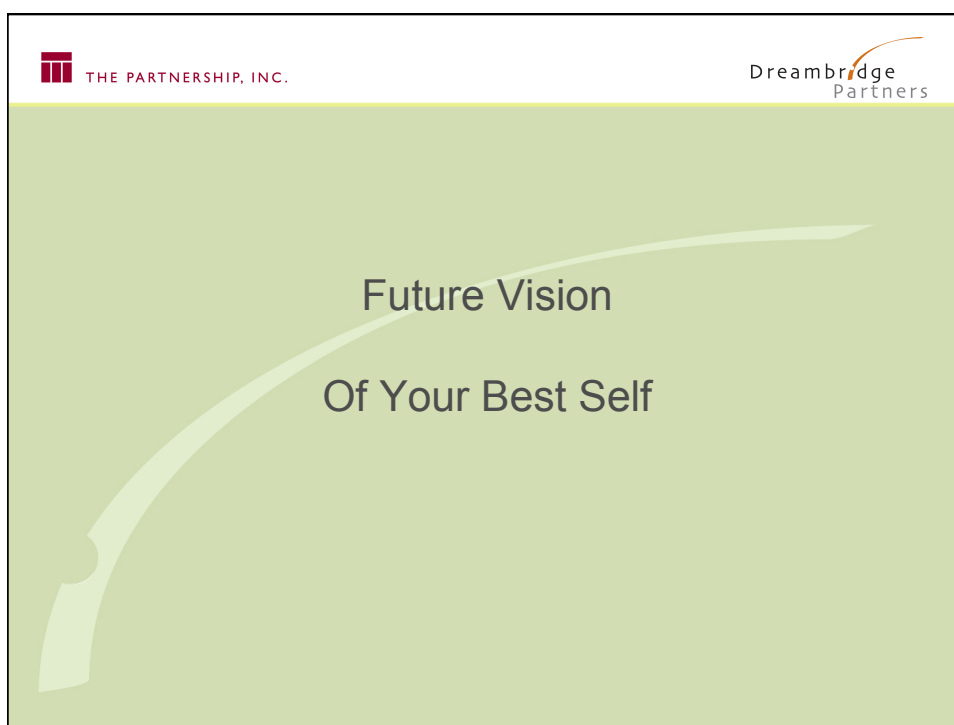
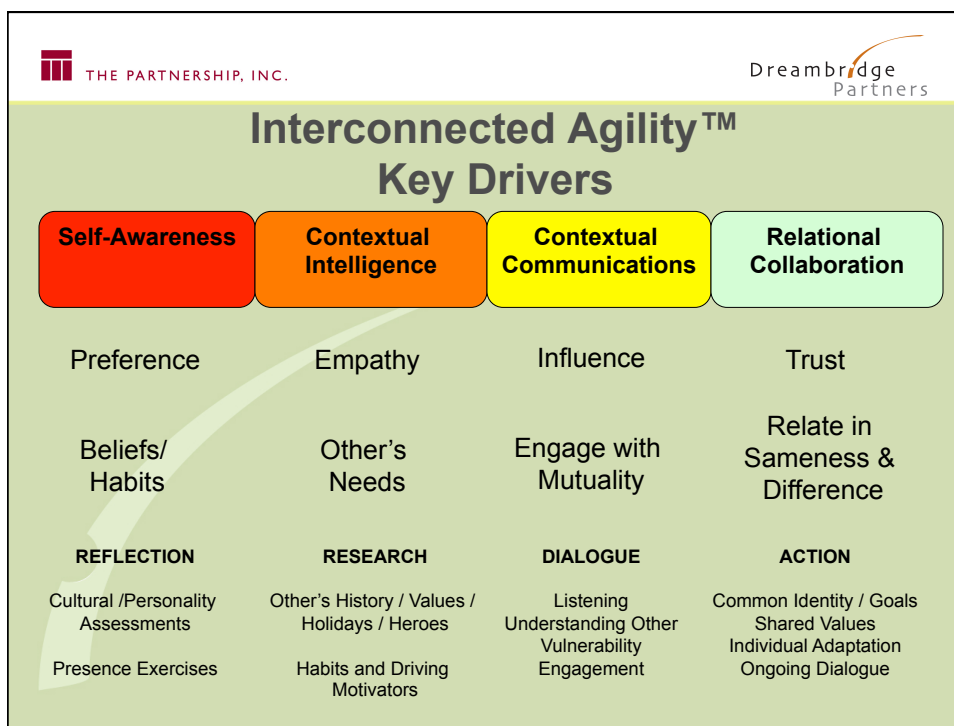




Allies in Your Journey

A person or two are usually pivotal to our growth and success in different moments of our lives. Remember who was there to help you.

List Them:

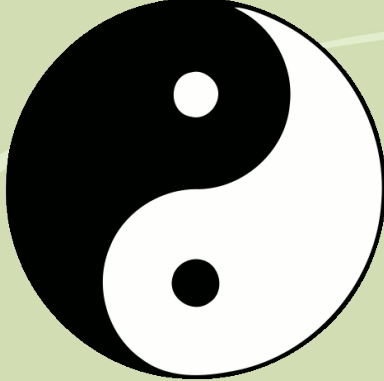
- Person
- Time in Life
- How You Met
- Person's Impact on You
- Why this Person Helped You



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Maintaining In-Out Oneness



Internal Reflection

External Activities

Daily Practice

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"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure.


It is our light, not our darkness, that most frightens us.

Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you.

We are all meant to shine as children do. It's not just in some of us; it is in everyone. And as we let our own lights shine, we unconsciously give other people permission to do the same.

As we are liberated from our own fear, our presence automatically liberates others."

~Marianne Williamson

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Own & Express Your Best Self to the World




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Keep in Touch!

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